

“ It is estimated that over 250,000 people in the trade need help at any one time ”



BECAUSE  
**EVERYONE**  
NEEDS A LITTLE *tlc*

Don't let worries overwhelm you. Whether you're a server or sous-chef, bartender or brewer, The Licensed Trade Charity is always here when you need a little TLC, be it emotional support, specialist guidance or financial grants. With over 200 years' experience serving drinks people, LTC can help you get back to your best, whatever you're going through.



**Call our 24/7 helpline**  
**0808 801 0550**



LICENSED  
TRADE  
CHARITY

Serving drinks people  
since 1793



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### Financial Support

Money worries can affect anyone in the industry. At the LTC we understand and never judge. If you need grant to help you get back on your feet, get in touch to find out how we can help.



### Practical Support

Whether it’s housing, health, education or employment, the LTC has a network of experts that you can access to get help and advice.



### Emotional Support

Getting support sooner rather than later is key to getting back to feeling your best and so our helpline is there for you 24/7. The Ltc can help you access the support you need.



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